Cleanse Ultra

GI Clear

DESCRIPTION

Gastrointestinal problems are common conditions that plague our society. Diets and medications can result in poor digestive health which can lead to irregular bowel movements and the increased amount of time fecal matter comes in contact with the cells lining the intestinal tract. Our Cleanse Ultra GI Clear formula provides a synergistic combination of ingredients that help support normal, healthy bowel function, which in turn encourages the "regular" elimination of waste material. By encouraging "regularity," this formula helps support overall health and wellness, which is oftentimes related to normal, healthy gastrointestinal function.† Cleanse Ultra can help to promote a healthier gut lining and may help to support digestive comfort and regularity during weight management programs and support digestive comfort during changing eating habits.†

FUNCTIONS

- Cascara sagrada helps to support smooth muscle contraction of the colon and facilitates the elimination of waste. The active laxative components in cascara are anthraquinone derivatives and their glucosides, referred to as cascarosides. They appear to act locally as an irritant to the colon promoting peristalsis and stool evacuation.[1†]
- Aloe vera leaf contains compounds known as anthraquinone glycosides. Numerous studies have demonstrated the ability of these compounds to support normal colon function and stool consistency.[2,3] Aloe not only supports the smooth muscle contraction of the colon but also provides a soothing demulcent effect to the lining of the gastrointestinal tract.[3†]
- Flaxseed contains alpha-linolenic acid which has been shown to support a healthy inflammatory response. Flaxseed is also a rich source of dietary fiber which can benefit regularity and the microbiota. Lignans are also present in flaxseed which have been shown to benefit intestinal health as well.[4†]
- Marshmallow root is a demulcent which contains compounds that help soothe and protect the mucous lining of the intestinal tract.[5†]
- Peppermint contains compounds called carminatives. These compounds have been shown to have a "relaxing" effect on the smooth muscle that lines the intestinal tract, and can provide support for normal, healthy intestinal function.[6†]
- Slippery elm is another highly regarded demulcent that soothes the intestinal lining.†
- Rhubarb benefits the muscles of the intestinal wall by supporting strength and overall function. As an astringent, this plant extract also helps to protect the lining of the colon.[8†]

FEATURES

- Synergistic combination of plant extracts designed to support healthy intestinal function.†
- Supports regularity without the use of harsh laxatives.†
- Contains herbs with demulcent and carminative properties that soothe the mucosal lining.
- Easy-to-swallow vegetarian capsules.
- Gluten-free.

FORMULA (WW #10475)

Two Capsules Contain:

GI Cleansing Proprietary Blend..... 850 mg
- Cascara sagrada (*Rhamnus purshiana*) (bark)
- Rhubarb (*Rheum palmatum*) (root)
- Aloe vera (leaf)
- Flax (*Linum usitatissimum*) (seed)
- Marshmallow (*Althea officinalis*) (root)
- Slippery elm (*Ulmus pumila*) (bark)
- Peppermint (*Mentha piperita*) (leaf)

Other Ingredients: Vegetarian capsule (cellulose, water), rice powder, silica, magnesium stearate and calcium salt.

This product contains NO sugar, salt, dairy, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

SUGGESTED USE

As a dietary supplement, adults take 2 capsules daily with 8 ounces of water prior to bedtime, or as directed by a healthcare professional. This product is not intended for continuous use.

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CONTRAINDICATIONS

This product contains cascara, aloe and rhubarb. Follow directions carefully. Do not use if you have or develop loose stool, diarrhea or abdominal pain; these herbs may worsen these conditions. Consult your physician if you have frequent diarrhea. Consult your physician prior to using this product if you are pregnant or nursing, taking medications or have a medical condition. Discontinue use two weeks prior to surgery.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES

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† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.